

MARTYN HOLLAND

Notices to the community N^o 7

10th April 2020



Easter weekend has arrived and sadly we are all still in lock down and must remain so for the time being. Can I gently remind everyone one that you should stay at home and enjoy your garden.

If you are planning a BBQ those involved should only be the family members who actually live at your property. Many people are getting nervous about the restrictions and of those who break them.

Police are receiving an increasing number of calls from worried neighbours about outdoor parties *etc.* I have also seen a rise in e-mails from people who believe that others are breaching the lock down rules.

Please keep safe, stay home and think about your neighbours and the community as a whole before you consider breaching the guidelines.

The police are now patrolling the key tourist routes that go through our ward namely the A494 at Loggerheads and the A525 and A5104 at Llandegla. Cars will be stopped and motorist asked where they are going and where they are from.

The police may also visit our caravan parks and camp sites to ensure the strict closure guidelines are being met.

In these difficult financial times businesses may be tempted to open but you should be aware of which businesses are classed as essential and therefore can open and which staff should work from home.

The County want us to remind everyone to put your bins out the night before they are due to be collected. Some rounds are now starting earlier than normal and so be careful that you do not miss the collections.

My Pension fund have written to me to reassure me that my fund is safe despite the huge downturns in the stock market. Most pension funds managers invest to ensure any down turns in the market are catered for but I know that many of us are worried about the long-term financial consequences of this epidemic.

The Pension Companies are also warning people to beware of scams. Sadly, there are people who will take advantage of others people's vulnerability and financial worries in these difficult times.

Pension providers will not call you unexpectedly and if you are unsure that a call is real hang up and contact your provider using the pension contact details you should have with your previous employer or your private pension scheme.

Ignore cold calls about your pension and ignore unsolicited contact by telephone, mail or e-mails asking for personal information or offering deals that are too good to be true. Before changing any personal pension, you should seek independent financial advice.

Find out more about "staying scam smart" when it comes to your finances at fca.org.uk

The Betsi Cadwaladr University Health Board are looking for volunteers and qualified staff who can return to work.

If you want to just volunteer or if you would like to return to work go on line at <http://bcuhb.nhs.wales> and just click on the relevant tab. There are plenty of opportunities to volunteer and they are keen to bring qualified staff back to support the existing front-line teams.

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Another way you can help the NHS is by donating blood.

Denbighshire has relaxed the Sunday opening hours for supermarkets to allow the vulnerable and key workers to shop between 8.00am and 10.00am on Sunday mornings. All other shoppers can shop from 10.00am onwards.

Shielding letters have now been sent out to all residents across Wales whom the Welsh Government and the NHS believe may need additional support due to their current medical conditions. All those people living in Denbighshire are being contacted by DCC staff and their requirements for extra support identified.

If you feel that your health condition should fall into this category and you have not received a letter you should contact the DCC team on 01824 706 000 and they will check for you.

I am receiving a lot of positive feedback from people in the ward about our two Community Shops and their support for residents who are self-isolating. They are helping with grocery deliveries and helping to get prescriptions to those who use the weekly repeat prescription service from the Plas Meddyg surgery.

When I called to collect some prescriptions this week I also thanked the Plas Meddyg Pharmacy staff for all their help. It is greatly appreciated.

I would once again like to thank all the volunteers across the ward for what they are doing and what they are about to do over the next few weeks.

Please feel free to forward this update on to friends and neighbours and please keep safe and well. Drop me an e-mail or give me a call if you have an issue you feel I can help you with or if you want me to put you in touch with a volunteer group in your area.

Keep well.

Regards,

Martyn